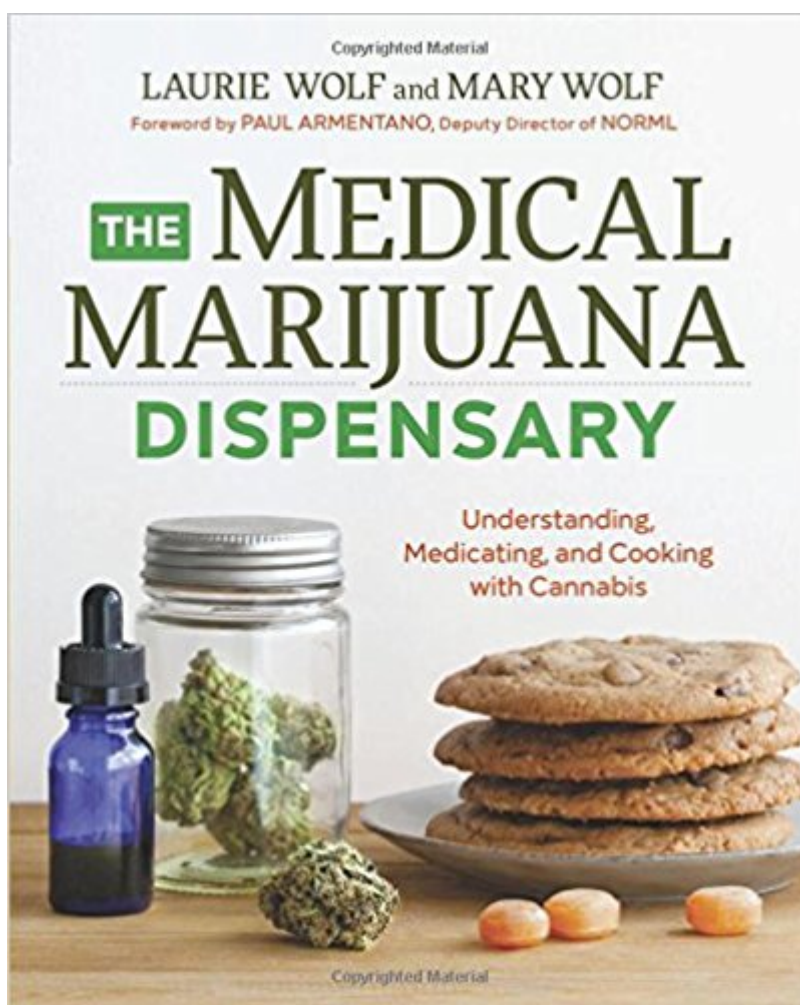




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The Medical Marijuana Dispensary: Understanding, Medicating, And Cooking With Cannabis



Synopsis

It's a category that used to begin and end with the bone-dry pot brownie, served in a college dorm room. Laurie Wolf is a leader in its gourmet revolution. "The Martha Stewart of Marijuana Edibles," The New Yorker magazine The use of medical marijuana has been a valuable resource in the treatment of various conditions. But for many, the stigma and misinformation surrounding the medical or recreational use of cannabis is a deterrent in trying it for themselves. Part reference guide, part cannabis cookbook, *The Medical Marijuana Dispensary* will arm you with everything you need to decide for yourself if medical marijuana is right for you. Knowledgeable guidance from medical marijuana experts Laurie Wolf and Mary Wolf, owners of the award-winning cannabis company Laurie & Mary Jane Evidence-based research and information supported by medical professionals, the medical marijuana community, and the National Organization for the Reform of Marijuana Laws (NORML) Individual chapters for cannabis recipes and remedies including both sweet and savory edibles Essential information for incorporating cannabis use into your life such as safety guidelines, different cannabis strain profiles, and real patient testimonials "The Medical Marijuana Dispensary" is like an encyclopedia of medical marijuana. There was so much more information than I realized was essential to know when entering this field of treatment. It was clearly presented and well organized. I feel much more prepared to start experimenting with some of the products described. Mary S., Customer

Book Information

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Customer Reviews

"This well-researched book covers valuable and interesting topics for all levels of cannabis consumers, whether medicinal or recreational. Well-organized and easy to use, it is an excellent resource for dispensaries, cannabinoid medicine providers, and patients." --David Bearman, MD and Executive VP of the American Academy of Cannabinoid Medicine and author of *Drugs are NOT the Devil's Tools*, a researched examination of US drug policy, history and reform

"The Medical Marijuana Dispensary is a fun, quick read. It uses well-documented sources to dispute myths about marijuana without getting lost in the minutia." --Mitch Earleywine, PhD, Professor of Psychology, University of Albany, and author of *Understanding Marijuana* and *The Parents' Guide to Marijuana*

Laurie Wolf is co-owner of the award-winning cannabis company, Laurie & MaryJane, which produces a popular line of medical marijuana edibles. A classically trained chef and graduate of the Culinary Institute of America, she has been a food stylist, food editor, recipe developer, and cookbook author for over 30 years. She is a regular contributor and edible recipe developer for *The Cannabist*, *High Times*, *Oregon Leaf*, and *Cannabis Now* and a leader in the art of marijuana edibles. Laurie's personal passion for cannabis as a part of therapeutic treatment stems from her exposure to its use in her father's end-of-life care, as well as its use in the successful management of her seizure disorder. Laurie also works with hospice groups, veterans with PTSD, and other patients who seek safe, compassionate care for their health problems. Learn more about Laurie at laurieandmaryjane.com.

Mary Wolf left a marketing and research career at a New York investment firm specializing in innovative medical treatments and moved to Portland where she partnered with her mother-in-law Laurie to build Laurie & MaryJane. Through her experience in providing treatment for medical marijuana patients with range of ailments, as well as her expertise from years of accumulated research, Mary has become an advocate for medical marijuana and cannabis legalization. Learn more about Mary at laurieandmaryjane.com.

Paul Armentano is the Deputy Director of NORML • the National Organization for the Reform of Marijuana Laws and also serves on the faculty of Oakland University in Oakland, CA. He is the co-author of the book, *Marijuana Is Safer: So Why Are We Driving People to Drink?* (Chelsea Green, 2013) and the author of the book, *The Citizen's Guide to State-By-State Marijuana Laws* (Whitman Press, 2015).

I bought this book nearly free during a public promotion. No review was promised or discussed. I'm

an RN in a state where medical marijuana is illegal. I really did not know much at all about medical marijuana until I read this book. I thought people just smoked it or ate it in cookies, I had no idea that use or cultivation had become so specified. The book is filled with brief information about medical conditions that have been treated with pot successfully, and it discussed the chemical makeup. I really had no idea that there were benefits delivered for some conditions without any high. I think all medical professionals should read this. Another thing that simply astounded me was the concept of being able to standardize doses by using oils, tinctures, suppositories, and other non-smoked forms of using marijuana as a drug. There's a lot of varieties listed with brief descriptions and listing of their main chemical components by percentages. The last half of the book consists of recipes. Some are base recipes (like oils and tinctures), and some are for meals and treats. There are recipes for fresh Cannabis Juice, Cannabis oil, Cannabis butter, tinctures soaks- just so much- and then food - lots of recipes for edibles. The macaroni and cheese recipe really floored me, I couldn't help but think "What a comfort food that must be!" I'm afraid that since I live in a state that still has very strict felony laws, I wasn't able to try any of the recipes, but I am hoping that will change one day. For me the book is a keeper for that day - I do have an incurable auto-immune disease that Western medicine can't cure, and doesn't even treat well, and I do hope that one-day medicinal marijuana will be legal nationwide. I'm really surprised to learn that inflammatory diseases can be treated with strains that don't cause paranoia . It seems the medicinal discovery has been progressing at a very rapid rate. I really believe if more health practitioners would read books like this, perhaps more would sign on to seeing it legalized on a federal level. It's well written and the first half is just packed with information, useful charts, and lots of well-organized facts.

If you are looking for a totally informative book on medical marijuana and all related products, this is it! We have recommended this to many customers of ours. Great book and very well written. Very Informative!!

With incredibly little knowledge about marijuana and its uses, this book was a wealth of knowledge. Not only is this book useful for recipes for cannabis, but it is useful for knowledge about the laws regarding its uses in various states. In addition, it provides information about the types of cannabis and the various strains and what they can be used for. It guides you through your first trip to the dispensary as well. This book provided a bunch of information I would have never know and is a great guide for this interested in learning more or those who are interested in using medical

cannabis.I received this product at a discounted rate in exchange for my honest and unbiased review.

Received for a discount for my honest review. I can't believe how much information is in this book. Very good book I was shocked that there are all kinds of good to add Marijuana in. I'm on disability and I had no idea you could cook with it and it helps so many people. There are so many therapeutic uses for Marijuana. There are 45 recipes in this book. Plus all about how it effects the body and side effects. Patients that use it for there own health benefits you read what they had to say. Very interesting book.

I live in texas, and thought this would be an interesting book. As a biology student learning about what the newest techniques are and what the industry is coming up with. Hopefully books like this one will allow future studies and show a scope of what is possible. A future that allows for the use of more natural development of drugs.I received this book at a discount in exchange for my honest review. This review is based on my own thoughts and opinion(s) on this book.

Everything and more. If you need to learn about making salves,food or capsules it in this book. Easy to understand and well written.

Dont let the title of this book fool you.In other words, dont discredit the book based on the word "marijuana" in the title. For the people that's into the details of using "herbs" and "God's plant" as a cure all type medicine,this book is for you. Please note I received this product at a discounted rate to purchase and review it.

Good read

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